SUBJECT LEADER OVERVIEW



Personal, Social, Health and Economic Education

SUBJECT LEADER

SUBJECT LINK GOVERNOR

Sarah Barnes

WHAT THE NATIONAL CURRICULUM SAYS ABOUT PSHE

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.

PSHE is a non-statutory subject. To allow teachers the flexibility to deliver high-quality PSHE we consider it unnecessary to provide new standardised frameworks or programmes of study. PSHE can encompass many areas of study. Teachers are best placed to understand the needs of their pupils and do not need additional central prescription.

However, while we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

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PSHE AT ALL SAINTS

<u>INTENT</u>

The intention of the PSHE curriculum at All Saints Primary is that by nurturing hearts and inspiring minds, children develop the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. Our curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

<u>IMPLEMENTATION</u>
Our PSHE curriculum is a whole school approach that consists of three areas of learning in EYFS: Reception (to match the EYFS Personal, social and emotional development prime area) and five areas of learning across Key stages 1 and 2.
EYFS:
• Self-regulation
• Building relationships
Managing self
Key stage 1 and 2:
• Families and relationships
Health and wellbeing
• Safety and the changing body
• Citizenship
• Economic wellbeing
Each area is revisited to allow children to build on prior learning. The lessons also provide a progressive programme.

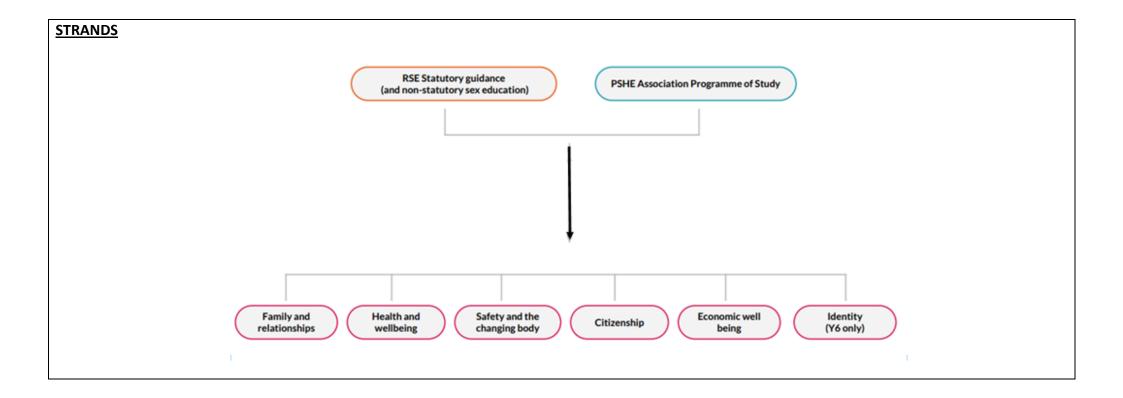
The lessons are based upon the statutory requirements for Relationships and Health education, but where our lessons go beyond these requirements (primarily in the Citizenship and Economic wellbeing areas) they refer to the PSHE Association Programme of Study which is recommended by the DfE. Sex education has been included in line with the DfE recommendations and is covered in Year 6 of our scheme. Our PSHE curriculum supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons.

All year groups have explicit weekly PSHE lessons which along with our spirituality, R.E. school values, British values, Stormbreaks and our local/national and world links form a thread which is evident in all aspects of school life.

IMPACT

The expected impact of our PSHE curriculum is that once taught the full series of lessons, children will have met the objectives set out within the Relationships and Health Education statutory guidance and can utilise their learning within their daily lives, from dealing with friendship issues to resilience to making healthy choices and knowing where and how to get help when needed.

The impact of our PSHE learning is monitored continuously through formative assessment whereas summative assessment is used at the end of every half term by the class teacher against our key PSHE Learning objectives. These objectives are fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association Programme of Study. Pupils are assessed against these objectives every half term. This is monitored by the subject leader, the senior leadership and the School Development Group.



CULTURAL CAPITAL

Cultural Capital is the essential knowledge that pupils need to be educated citizens, introducing them to the best that has been thought and said and helping to engender an appreciation of human creativity and achievement.

We want our pupils' 'lights to shine' both today in their future by not only giving them the knowledge and skills they need but by also installing a set of values and beliefs which enable them to be happy and successful citizens whilst having a positive impact on the lives of others.

SPIRITUAL, MORAL, SOCIAL AND CULTURAL (SMSC - DEVELOPED IN ALL LESSONS)

Spiritual: Explore beliefs and experience; respect faiths, feelings and values; enjoy learning about oneself, others and the surrounding world; use imagination and creativity; reflect. **Emphasise our school's close links to our local churches and our wider community.**

Moral: Recognise right and wrong; respect the law; understand consequences; investigate moral and ethical issues; offer reasoned views.

Social: Use a range of social skills; participate in the local community; appreciate diverse viewpoints; participate, volunteer and cooperate; resolve conflict; engage with the 'British values' of democracy, the rule of law, liberty, respect and tolerance.

Cultural: Appreciate cultural influences; appreciate the role of Britain's parliamentary system; participate in culture opportunities; understand, accept, respect and celebrate diversity.

BRITISH VALUES (TO BE DEVELOPED IN ALL LESSONS)

The core British Values are:

- Democracy
- Rule of Law
- Mutual Respect
- Individual Liberty
- Tolerance

Our PSHE curriculum casts a light on global citizenship and the rule of law, including the role of democratic advocacy for change. Pupils also look at how different cultures live and work throughout the world.

PSHE CURRICULUM

DESIGN OF CURRICULUM

Our foundation subjects use Kapow planning. This carefully tracks the progression of skills and knowledge throughout the school.

Due to our dual year groups, we look at coverage over 2 years rather than one.

Subject leaders have not taken for granted that Kapow covers all aspects / objectives required of the subject and have cross referenced the schemes with or tracking of skills and knowledge and then with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The curriculum enables pupils to be supported, when necessary, but at the same time challenges pupils with deep questioning.

Our ambitious curriculum is designed taking into account the following:

- The curriculum is for all pupils regardless of their starting points
- The curriculum values PSHE
- Big ideas / big questions are used to provoke deeper learning
- The curriculum teaches knowledge and skills
- The curriculum is well sequenced
- Expectations are high
- Where teachers are not confident about their knowledge for a specific lesson / scheme, they consult with colleagues, the subject leader or use the Kapow teacher videos before each lesson.
- Resources are available and of a high quality
- Subject leaders know their subject
- Vocabulary is rich and diverse

DELIVERY OF CURRICULUM

Explicit PSHE lessons are held on one afternoon per week following the Kapow scheme of work objectives. In addition, opportunities are taken throughout the school day to implicitly embed the children's learning. This may be through stormbreaks/spirituality class discussion or 1:1 discussion.

WHY BASE OUR CURRICULUM ON KAPOW SCHEMES OF WORK

We involved all our teaching staff in choosing schemes of work which would be suited to our school.

Subject Leaders spent half a term looking at different options for their subject and all were extremely positive about KAPOW, the progression and the resources available.

There is no requirement on staff to use the KAPOW resources. They are to follow the 'Big Question' and the objectives for each lesson, however, how they get there is up to them. This means we have flexibility but, at the same time, ready-made quality resources and activities to use if they require.

TRACKING PROGRESSION OF SKILLS AND KNOWLEDGE

The overview of skills and knowledge covered in each phase and strand and how these skills are developed in order to enable pupils to reach the end of key stage outcomes - outlined in the National curriculum - are listed in our PSHE Progression Document.

Within each key stage, knowledge is often introduced at the start of the key stage so that there is time for that knowledge to be revisited and applied in later years which is why knowledge accumulation may look heavier in some year groups than others. As we have joint classes, progression statements in Key stage 2 are shown for lower key stage 2 and upper key stage 2 only and not for individual year groups. Key concepts and knowledge are revisited in different contexts to ensure that pupils have a secure understanding by the end of each phase.

OF KEY STAGE EXPEC	TED KNOWLEDGE AN	D SKILLS				
AREA	1	EYFS	1	KS1	I	KS2
	Skills	Knowledge	Skills	Knowledge	Skills	Knowledge
		Families	and Relationships			

Family	Learning how to talk about our families and discussing why we love them. Talking about people that hold a special place in my life.	To name and describe the different members of our families. To understand that all families are valuable and special.	Understanding that families offer love care and support Exploring how families are different to each other. Understanding ways to show respect for different families.	To understand that families look after us. To know some words to describe how people are related To know that some information about me and my family is personal To know that families can be made up of different people. To know that families may be different to my family.	Identifying ways families might make children feel unhappy or unsafe. Using respectful language to discuss different families.	To know that marriage is a legal commitment and is a choice people can make. To know that if I have a problem, I can call ChildLine on 0800 1111. To know that families are varied in the UK and across the world.
Friendships	Developing strategies to help when sharing with others. Exploring what makes a good friend.	To know that we share toys so that everyone feels involved and no one feels left out or upset.	Exploring friendly behaviours Understanding difficulties in friendships and discussing action that can be taken.	To understand some characteristics of a positive friendship. To know some problems which might happen in friendships. To understand that some problems in friendships might be more serious and need addressing.	Exploring the impact that bullying might have. Exploring issues which might be encountered in friendships and how these might impact the friendship. Identifying ways to resolve conflict through	To know that violence is never the right way to solve a friendship problem To know what attributes and skills make a good friend. To understand what might lead to someone bullying others.

					negotiation and compromise. Exploring physical and emotional boundaries in friendships.	To know what action a bystander can take when they see bullying. To know that a conflict is a disagreement or argument and can occur in friendships. To understand the concepts of negotiation and compromise. To understand that everyone has the right to decide what happens to their body
Respectful relationships	Thinking about what it means to be a valued person. Exploring the differences between us that make each person unique. Considering the perspectives and feelings of others.	To understand that different people like different things. To understand that all people are valuable. To know that it is important to help, listen and support	Exploring the ability to successfully work with different people. Learning how other people show their feelings and how to respond to them. Exploring the conventions of	To know that it is called stereotyping when people think of things as being 'for boys' or 'for girls' only. To understand some ways people show their feelings.	Identifying who I can trust. Learning about the effects of nonverbal communication. Exploring how my actions and behaviour can	To know that trust is being able to rely on someone and it is an important part of relationships. To know the signs of a good listener. To understand how to listen carefully and why

Learning to work as a	others when working	manners in different	To understand what	affect other	listening is
member of a team.	as a team.	situations.	good manners are.	people.	important.
Developing listening skills.	To know that it is important to tell the truth.		To understand some stereotypes related to jobs.	Exploring and questioning the assumptions we make about people based on how they look. Exploring our positive attributes and being proud of these (self-respect).	To understand the courtesy and manners which are expected in different scenarios. To understand that positive attributes are the good qualities that someone has.
				Discussing how and why respect is an important part of relationships. Identifying ways to challenge stereotypes.	To know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or disability.
					To understand what respect is. To understand that everyone
					deserves respect

						but respect can be lost. To understand that stereotypes can lead to bullying and discrimination.
Change and loss	N/A	N/A	Exploring how loss and change can affect us.	To know that there are ways we can remember people or events.	Discussing how to help someone who has experienced a bereavement. Exploring the process of grief and understanding that it is different for different people.	To know that bereavement describes the feeling someone might have after someone dies or another big change in their lives. To understand that loss and change can cause a range of emotions. To know that grief is the process people go through when someone close to them dies.
		Hea	Ith and Wellbeing			

Health and prevention	Discussing ways that	To know that having	Learning how to wash	To understand we can	Developing	To know key facts
	we can take care of	a naturally colourful	my hands properly.	limit the spread of	independence in	about dental
	ourselves.	diet is one way to try		germs by having good	looking after my	health.
		and eat healthily.	Learning how to deal with an allergic	hand hygiene.	teeth.	To understand the
			reaction.	To know the five S's	Developing	risks of sun
			Exploring the effect that food and drink can have on my teeth	for sun safety: slip, slop, slap, shade, sunglasses.	independence for protecting myself in the sun.	exposure. To understand that vaccinations
				To know that certain	Considering ways	can give us
				foods and other	to prevent illness.	protection against
				things can cause allergic reactions in	Identifying some	disease.
				some people	actions to take if I	To know that
					am worried about	changes in the
					my health or my	body could be
				To know that food	friends' health.	possible signs of
				and drinks with lots of		illness.
				sugar are bad for our		
				teeth.		
Physical health and	Exploring how	To know that	Exploring positive	To know that sleep	Identifying what	To know that
wellbeing	exercise affects	exercise means	sleep habits.	helps my body to	makes me feel	visualisation
	different parts of the	moving our body and		repair itself, to grow	calm and relaxed.	means creating an
	body.	is important.	Exploring two	and restores my	Lagratica	image in our
		To know that your	different methods of relaxation:	energy.	Learning visualisation as a	heads.
		To know that yoga can help our bodies	progressive muscle		tool to aid	To know that
		and minds relax.	relaxation and		relaxation.	relaxation
		and minds relax.	laughter.		TCIOAGIOII.	stretches can help
					Understanding the	us to relax and de-
			Exploring health-		relationship	stress.
			related jobs and			

			people who help look after our health. Exploring some of the benefits of exercise on body and mind. Exploring some of the benefits of a healthy balanced diet. Suggesting how to improve an unbalanced meal. Learning breathing exercises to aid relaxation.	To explain the importance of exercise to stay healthy. To understand the balance of foods we need to keep healthy. To know that breathing techniques can be a useful strategy to relax.	between stress and relaxation. Considering calories and food groups to plan healthy meals. Developing greater responsibility for ensuring good quality sleep. Identifying a range of relaxation strategies and situations in which they would be useful. Exploring ways to maintain good habits. Setting achievable goals for a healthy lifestyle.	To know that calories are the unit that we use to measure the amount of energy certain foods give us. To know that what we do before bed can affect our sleep quality. To understand that a number of factors contribute to my physical health (diet, exercise, rest/relaxation, dental health). To know that a habit is a behaviour that we often do without thinking and that we can have good and had babits
Mental wellbeing	Identifying how characters within a	To name some different feelings	Identifying personal strengths and	To know that strengths are things	Setting achievable goals for a healthy	behaviour that we often do without thinking and that
	story may be feeling.	and emotions.	qualities.	we are good at.	the groups I belong to.	belonging.

Identifying and	To know that I am a	Exploring strategies to	To know that qualities	Identifying my	To understand
expressing my own	valuable individual.	manage different	describe what we are	strengths and	what being lonely
feelings.	valuable illulvidual.	emotions.	like.	exploring how I	means and that it
reenings.		emotions.	iike.	use the	is not the same as
Exploring different		Developing empathy.	To know the words to	use the	
facial expressions	To know that facial		describe some	m to help others.	being alone.
and identifying the	expressions can five	Identifying personal	positive and negative	Being able to	To understand
different feelings	us clues as to how a	goals and how to	emotions.	breakdown a	what a problem or
they can represent.	person is feeling.	work towards them.		problem into	barrier is and that
they can represent.				smaller parts to	these can be
Exploring ways to	To know that I can	Exploring the need for		overcome it.	overcome.
moderate behaviour	learn from my	perseverance and	To know that we can	Overcome it.	overcome.
socially and	mistakes.	developing a growth	feel more than one	Exploring how my	To know that
emotionally.	To know some	mindset.	emotion at a time.	skills can be used	different job roles
	strategies to calm	Developing an	To know that a	to undertake	need different
Coping with	down.	understanding of self-	growth mindset	certain jobs.	skills and so some
challenge when	down.		=	·	roles may suit me
problem solving.		respect.	means being positive	Developing the	more than others.
			about challenges and	ability to	
			finding ways to	appreciate the	To know that it is
			overcome them.	emotions of others	normal to
				in different	experience a range
				situations.	of emotions.
				Learning to take	To know that
				responsibility for	mental health
				my emotions by	refers to our
				knowing that I can	emotional
				control some	wellbeing, rather
				things but not	than physical.
				others.	
					To know who can
				Developing a	help if we are
				growth mindset.	worried about our
					own or other

					Taking responsibility for my own feelings. Exploring my personal qualities and how to build on them. Developing strategies for being resilient in challenging situations.	people's mental health. To understand what can cause stress. To understand that failure is an important part of success. To understand that a number of factors contribute to my mental health (Diet, exercise, rest/relaxation). To know the effects technology can have on mental health.
		Safety a	nd the changing body	,	1	
Being safe (including online)	Considering why it is important to follow rules. Exploring what it means to be a safe pedestrian.	To know that some rules are in place to keep us safe. To know how to behave safely on the pavement and when	Practising what to do if I get lost. Identifying hazards that may be found at home. Understanding people's roles within	To know what to do if I get lost. To know that a hazard is something which could cause an accident or injury.	Identifying things people might do near roads which are unsafe. Exploring what to do if an adult	To know the rules for being safe near roads. To know the difference between private and public.

		crossing roads with an adult.	the local community that help keep us safe. Discussing the concept of privacy. Exploring ways to stay safe online. Learning how to behave safely near the road and when crossing the road.	To know the PANTS rule. To know that I should tell an adult if I see something which makes me uncomfortable online. To understand the difference between secrets and surprises. To know the rules for crossing the road safely.	makes me feel uncomfortable. Developing an understanding of how to ensure relationships online are safe. Developing an understanding about the reliability of online information. Exploring online relationships including dealing with problems.	To know the steps to take before sending a message online (using the THINK mnemonic). To know some of the possible risks online. To understand that online relationships should be treated in the same way as face to face relationships. To know where to get help with
Drugs alcohol and tobacco	N/A	N/A	Learning what is and is not safe to put in or on our bodies. Exploring what people can do to feel better when they are ill. Learning how to be safe around medicines.	To know that some things are unsafe to put onto or into my body and to ask an adult if I am not sure. To know that medicine can help us when we are ill. To understand that we should only take medicines when a	Discussing the benefits of being a non-smoker. Exploring that people and things can influence me and that I need to make the right decision for me.	online problems. To understand the risks associated with smoking tobacco. To understand that other people can influence our choices. To know some strategies I can use to overcome

				trusted adult says we can.	Exploring choices and decisions that I can make. Learning to make 'for' and 'against' arguments to help with decision making. Discussing the reasons why adults may or may not drink alcohol.	pressure from others and make my own decisions. To understand the risks associated with drinking alcohol.
The changing adolescent body	N/A	N/A	N/A	To know the names of parts of my body including private parts.	Learning about the emotional changes during puberty. Identifying reliable sources of help with puberty. Discussing problems which might be encountered during puberty and using knowledge to help.	To understand the physical changes to both male and female bodies as people grow from children to adults. To understand the process of the menstrual cycle. To know the names of the external sexual parts of the body and the internal reproductive organs.

						To know that puberty happens at different ages for different people. To understand how a baby is conceived and develops.
Basic first aid	N/A	N/A	Practising making an emergency phone call.	To know that an emergency is a situation where someone is badly hurt, very ill or a serious accident has happened. To know that the emergency services are the police, fire service and the ambulance service.	Learning what to do in a medical emergency, including calling the emergency services. Learning how to help someone who is having an asthma attack. Learning about how to help someone who is bleeding. Learning how to help someone who is choking. Placing an unresponsive	To know that bites or stings can sometimes cause an allergic reaction. To know that it is important to maintain the safety of myself and others, before giving first aid. To know that asthma is a condition which causes the airways to narrow To know how to assess a casualty's condition.

		Citizenship		patient into the recovery position.	To know how to conduct a primary survey (using DRSABC).
Beginning to understand why rules are important to school.	To know that we have rules and keep everything fair, safe and enjoyable for everyone. To understand that we all have similarities and differences and that makes us special. To know that we all have different beliefs and celebrate special times in different ways.	Discussing how to meet the needs of different pets. Explaining why rules are in place in different settings. Identifying positives and negatives about the school environment. Learning how to discuss issues of concern to me. Recognising the importance of looking after the school environment. Identifying ways to help look after the school environment. Recognising the contribution people	To know that different pets have different needs. To understand the needs of younger children and that these change over time. To know some of the different places where rules apply. To know that some rules are made to be followed by everyone and are known as 'laws'. To know some of the jobs people do to look after the environment in school and the local community.	Considering the responsibilities that adults and children have to maintain children's rights. Exploring how children's rights help them and other children. Discussing the positives diversity brings to a community. Discussing how rights and responsibilities link. Exploring the right to a freedom of expression. Developing an understanding of how parliament	To know that there are a number of groups which make up the local community. To understand the UN Convention on the Rights of the Child. To know that parliament is made up of the House of Commons, the House of Lords and the Monarch. To know that parliament is where MPs debate issues, propose laws, amend existing laws and challenge the

	make to the local	To understand how	and Government	government's
	community.	democracy works in	work.	work.
		school through the school council.	Discussing how	To know that
			education and	education is an
		To understand that	other human	important human
		different groups of	rights protect us.	right.
		people make different contributions to the	Identifying causes	To know that the
		community.	which are	prime minister
			important to us.	appoints
			Discussing how people can influence what happens in parliament.	'ministers' who have responsibility for different areas, such as healthcare and education.
			Identifying appropriate ways to share views and ideas with others.	To know what happens when someone breaks the law.
			Discussing ways to challenge prejudice and	To understand the waste hierarchy. To know that
			discrimination.	prejudice is
			Explaining why reducing the use of materials is positive for the environment.	making assumptions about someone based on certain information.
			Identifying the contribution	To know that discrimination is

				people make to the community and how this is recognised. Identifying ways people can bring about change in society. Learning about environmental issues relating to food.	treating someone differently because of certain factors. To know that a pressure group is a group of people who feel very strongly about an issue and want to see something change. To know that our food choices can affect the environment.
	Eco	nomic Wellbeing			
N/A	N/A	Exploring how money is used by people. Discussing how to keep money safe. Discussing what to do if we find money. Explaining adult money sources. Identifying whether something is a want or need.	To know that people use money to buy things, including things they need and things they want. To know that coins and notes are types of money and have different values. To know that notes are higher in value than coins.	Identifying jobs which might be suitable for them. Discussing risks associated with money. Exploring the factors which affect whether something is value for money.	To understand that different jobs have different routes into them. To understand that people change jobs for a number of reasons. To know that when money is borrowed it needs

features of bank account cards. Exploring personal skills and talents. Exploring personal skills and talents. Exploring personal skills and talents. Exploring the reasons why people choose certain jobs. Identifying some ways to make an environment inclusive and fair. Reflecting on the importance of individuality and diversity. Reflecting the talent of the talent and diversity. To know some basic needs for survival, such as food, water and shelter. To know that a bank account is like a special place in a bank that keeps money and that keeps money safe until it is needed. To know that a bank account card is like a special key that unlocks a bank account to access the money inside. To know that saving money is when we keep some money and don't spend it straight away. To know that mmy adults earn money bheaving a job. To know some basic needs for survival, such as food, water and shelter. To know that a bank account card is like a special key that unlocks a bank account to access the money inside. To know that saving money is when we keep some money and don't spend it straight away. To know that it is important for	Comparing and contrasting 'wants' and 'needs'.	To know that it is wrong to steal money.	Making a budget based on priorities.	to be paid back, usually with interest.
Workplaces to include	account cards. Exploring personal skills and talents. Exploring the reasons why people choose certain jobs. Identifying some ways to make an environment inclusive and fair. Reflecting on the importance of individuality and	adults earn money by having a job. To know some basic needs for survival, such as food, water and shelter. To know that a bank account is like a special place in a bank that keeps money safe until it is needed. To know that a bank account card is like a special key that unlocks a bank account to access the money inside. To know that saving money is when we keep some money and don't spend it straight away. To know that it is	people deal with money and the role of emotions in this. Discussing some risks associated with gambling. Identifying negative and positive influences that can affect our	prioritise spending. To know some ways that people lose money. To know that income is the amount of money received and expenditure is the amount of money spent. To understand that there are certain rules to follow to keep money safe in bank accounts. To know that gambling is a risk where money, or something else, is swapped in the

			a variety of people to		something better
			bring different		or more money.
			viewpoints and skills.		
					To know that
					banks and
					organisations such
					as Citizens' Advice
					can help with
					money-related
					problems.
					Exploring ways to
					overcome
					stereotypes in the
					workplace.
					To understand
					that there are
					different ways to
					pay for things.
					To understand
					that some
					stereotypes can
					exist around jobs
					but these should
					not affect people's
					choices.
		Identity			
N/A	N/A	N/A	N/A	Discussing the	To know that
				factors that make	identity is the way
				our 'identity'.	we see ourselves
					and also how

			Recognising the difference between how we see ourselves and how others see us. Exploring how the media might influence our identity	other people see us.
	Transition			
	Recognising our own strengths. Identifying people who can help us when we are worried about changes.	To understand that changes can be both positive and negative. To understand that change is part of life.	Being able to set goals. Learning strategies to deal with change. Recognising our own achievements. Recognising own skills and how these can be developed. Exploring a greater range of strategies to deal with feelings associated with change.	To know that setting goals can help us to achieve what we want. To understand that change often brings about more opportunities and responsibilities. To understand the skills needed for roles in school. To know that a big change can bring opportunities but also worries.

ENRICHMENT

When possible, and after taking into consideration expense, time constraints and impact on learning, enrichment activities such as trips, outdoor work and visitors both in the classroom and in collective worship are encouraged to enhance our delivery of PSHE.

LOCAL AWARENESS

In all aspects of the curriculum we take every opportunity to help pupils to connect with their immediate surroundings and develop a global perspective by making connections between their everyday lives and the world around them.

CROSS CURRICULAR LINKS

Links to other learning will be made wherever possible, providing they help the pupils with their understanding and are in no way tenuous. Guided reading texts are regularly selected to further underpin learning.

HOW WE ASSESS

Class teachers assess each pupil against each objective in every subject 5 times each year (at the end of Autumn Term 2, Spring Term 1, Spring Term 2, Summer Term 1 and Summer Term 2).

Assessment is putting a pupil at ARE, WT or Below (and in some cases GD) against each objective.

This has been agreed by all teachers and is not seen as too onerous or time consuming. This has been fully supported by the Staff Welfare Representative and the Welfare Governor who have both liaised with teachers.

HOW WE MODERATE

Subject leaders are given at least half a day per term to monitor and moderate their subject.

Moderation takes the form of:

- Drop in
- Book Scrutiny
- Pupil Voice
- Data analysis
- Link Governor visits
- Observation
- Teacher Chat

Every Staff Meeting also has an agenda item where Subject Leaders can pass on any issues / points / questions / requests / advice to teachers.

Subject leaders can also request moderation time in staff meetings.

Class Teachers assess every pupil against each objective in every subject at the end of every term.

Headteacher / Deputy Head and Subject Governor monitors subjects each year

SUBJECT LEADER CPD

Subject Leaders have taken part in curriculum sharing with other local schools.

In additions, Subject Leaders are to complete at least one subject specific CPD course with National College every year.

RESOURCES

With Kapow being new to the school, Class Teacher are asked to speak to Subject Leaders about any additional resources which may be required (any that may have been missed when Subject Leaders were balancing the curriculum).

Each weekly Staff Meeting has an agenda item where Class Teacher and Subject Leaders have an additional opportunity to request and additional resources,

RECORDING OF LEARNING

Both KS1 and KS2 pupils use a class book as a record of class learning in PSHE. Each lesson is dated and the learning objectives are clearly displayed.

RECENT FEEDBACK GIVEN TO STAFF

SUBJECT ACTION PLAN 2024/25

	RECEPTION
	My Feelings
Development Matters	Draw information from a simple map. Explore the natural world around them. Describe what they see, hear and feel whilst outside. Recognise some environments that are different from the one in which they live.
Early Learning Goals	Understand that some places are special to members of their community. ELG: Understanding the World – People, Culture and Communities Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps.
	ELG: Understanding the World – The Natural World

Key Vocabulary	happy ● sad ● angry ● calm ● scared ● quiet loved ● happy ● cheerful ● positive ● anxiot delighted ● smiley ● sad ● unhappy ● upset excit	tionate • friendly • calm • peaceful • • still • relaxed • scared • nervous • bus • worried • unsure • worried • ed • surprised • tired • proud • shy • d • sorry
Key Skills	 Beginning to look at and talk about maps (real or Making observations about the characteristics or Making observations about the features of place Discussing how environments in stories and image Answering simple questions, guided by the teach Expressing their likes and dislikes about a specifies Ask questions about the world around them. 	are indistinguishable. y when describing features in the surrounding environment. rimaginary) in stories, non-fiction books, atlases and on globes. fiplaces (in stories, photographs or in the school grounds/local area). s (in stories, photographs or in the school grounds/local area). ges are different to the environment they live in. ner. c place and its features, beginning to explain their reasoning.
Key Knowledge	 old). That a place and its features can be represented Some vocabulary to describe directions, even if the second control of th	of different places, even if used inaccurately (hill, field, building, road, house

 Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 3)
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 Return to and build on their previous learning, remning ideas and developing their ability to represent them. (Lesson 3) Create collaboratively, sharing resources, ideas and skills. (Lesson 3)
 Develop storylines in their pretend play. (Lesson 3)
Describe events in some detail. (Lesson 4)

	RE	CEPTION		
	Building relations	hips: Special relationships		
Development Matters	Draw information from a simple map. Explore the natural world around them. Describe what they see, hear and feel whi Recognise some environments that are dif	ferent from the one in which they live.		
Early Learning Goals	Understand that some places are special to members of their community. ELG: Understanding the World – People, Culture and Communities Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps. ELG: Understanding the World – The Natural World			
	Know some similarities and differences be their experiences and what has been read	tween the natural world around them and contrasting environments, drawing on in class.		
Key Vocabulary	Family Love Friend Share Unique	valuable ● special ● different ● sharing ● take turns ● timer ● passion ● like ● dislike ● enjoy ● special ● individual ● same		

	Interest/Hobbies Similar Different Diversity
Key Skills	 Identifying land and water on a map or globe. Recognising features on maps (real or imaginary). Creating real or imaginary maps even if features are indistinguishable. Beginning to use modelled directional vocabulary when describing features in the surrounding environment. Beginning to look at and talk about maps (real or imaginary) in stories, non-fiction books, atlases and on globes. Making observations about the characteristics of places (in stories, photographs or in the school grounds/local area). Making observations about the features of places (in stories, photographs or in the school grounds/local area). Discussing how environments in stories and images are different to the environment they live in. Answering simple questions, guided by the teacher. Expressing their likes and dislikes about a specific place and its features, beginning to explain their reasoning. Ask questions about the world around them. Commenting on the features they see in their school and school grounds on a walk around the respective places, taking supported risks. Representing some of the features they notice in their school and school grounds.
Key Knowledge	 A map is a picture of a place. Water is usually represented in blue on a map or globe. Some vocabulary to describe the characteristics of different places, even if used inaccurately (hill, field, building, road, house, old). That a place and its features can be represented in a picture. Some vocabulary to describe directions, even if used inaccurately (e.g. near, far, next to, close, behind). Some vocabulary to describe different bodies of water, even if used inaccurately (sea/ocean, lake, river, pond).
Curriculum Opportunities	 Learn new vocabulary. (Lesson 1 & 2 & 4 & 5 & 6) Use new vocabulary throughout the day. (Lesson 1 & 2 & 4 & 5 & 6) Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 3) Create collaboratively, sharing resources, ideas and skills. (Lesson 3) Develop storylines in their pretend play. (Lesson 3) Describe events in some detail. (Lesson 4)

	RECEPTION		
	Managing s	elf: Taking on challenges	
Development Matters	Draw information from a simple map. Explore the natural world around them Describe what they see, hear and feel was recognise some environments that are Understand that some places are speci	whilst outside. e different from the one in which they live.	
Early Learning Goals	ELG: Understanding the World – People, Culture and Communities Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps. ELG: Understanding the World – The Natural World Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class.		
Key Vocabulary	Rule Persistence Challenge Problem solving Mistake Cope	 collaboration communication difficulty worried anxious panicked frustrated 	

	Teamwork Grounding technique Trial and error	upsetcalmrelaxedhappytry	
		 stronger reason right wrong safe confident comfortable fair equal enjoyable calm 	
		• orderly	
Key Skills	 Identifying land and water on a map or globe. Recognising features on maps (real or imaginary). Creating real or imaginary maps even if features are indistinguishable. Beginning to use modelled directional vocabulary when describing features in the surrounding environment. Beginning to look at and talk about maps (real or imaginary) in stories, non-fiction books, atlases and on globes. Making observations about the characteristics of places (in stories, photographs or in the school grounds/local area). Making observations about the features of places (in stories, photographs or in the school grounds/local area). Discussing how environments in stories and images are different to the environment they live in. Answering simple questions, guided by the teacher. Expressing their likes and dislikes about a specific place and its features, beginning to explain their reasoning. Ask questions about the world around them. Commenting on the features they see in their school and school grounds on a walk around the respective places, taking supported risks. Representing some of the features they notice in their school and school grounds. 		
Key Knowledge	 A map is a picture of a place. Water is usually represented in blood Some vocabulary to describe the cold). That a place and its features can be 	characteristics of different places, ev	en if used inaccurately (hill, field, building, road, house,

	 Some vocabulary to describe directions, even if used inaccurately (e.g. near, far, next to, close, behind). Some vocabulary to describe different bodies of water, even if used inaccurately (sea/ocean, lake, river, pond).
Curriculum Opportunities	 Learn new vocabulary. (Lesson 1 & 2 & 4 & 5 & 6) Use new vocabulary throughout the day. (Lesson 1 & 2 & 4 & 5 & 6) Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 3) Create collaboratively, sharing resources, ideas and skills. (Lesson 3) Develop storylines in their pretend play. (Lesson 3) Describe events in some detail. (Lesson 4)

RECEPTION		
Self-regulation: Listening and following instructions		
Development Matters	Draw information from a simple map.	
	Explore the natural world around them.	
	Describe what they see, hear and feel whilst outside. Recognise some environments that are different from the one in which they live.	
	Understand that some places are special to members of their community.	
Early Learning Goals	ELG: Understanding the World – People, Culture and Communities	
	Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps.	
	ELG: Understanding the World – The Natural World	

	Know some similarities and differences betwee their experiences and what has been read in	een the natural world around them and contrasting environments, drawing on class.
Key Vocabulary	• instructions • odd	different clue friends truth feelings
Key Skills	 honest Identifying land and water on a map or globe. Recognising features on maps (real or imaginary). Creating real or imaginary maps even if features are indistinguishable. Beginning to use modelled directional vocabulary when describing features in the surrounding environment. Beginning to look at and talk about maps (real or imaginary) in stories, non-fiction books, atlases and on globes. Making observations about the characteristics of places (in stories, photographs or in the school grounds/local area). Making observations about the features of places (in stories, photographs or in the school grounds/local area). Discussing how environments in stories and images are different to the environment they live in. Answering simple questions, guided by the teacher. Expressing their likes and dislikes about a specific place and its features, beginning to explain their reasoning. Ask questions about the world around them. Commenting on the features they see in their school and school grounds on a walk around the respective places, taking supported risks. Representing some of the features they notice in their school and school grounds. 	
Key Knowledge	 A map is a picture of a place. Water is usually represented in blue on a Some vocabulary to describe the character old). 	map or globe. eristics of different places, even if used inaccurately (hill, field, building, road, house,

	 That a place and its features can be represented in a picture. Some vocabulary to describe directions, even if used inaccurately (e.g. near, far, next to, close, behind). 	
	 Some vocabulary to describe different bodies of water, even if used inaccurately (sea/ocean, lake, river, pond). 	
Curriculum	Learn new vocabulary. (Lesson 1 & 2 & 4 & 5 & 6)	
Opportunities	 Use new vocabulary throughout the day. (Lesson 1 & 2 & 4 & 5 & 6) 	
	 Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) 	
	 Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) 	
	Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 3)	
	 Create collaboratively, sharing resources, ideas and skills. (Lesson 3) 	
	Develop storylines in their pretend play. (Lesson 3)	
	Describe events in some detail. (Lesson 4)	

	RECEPTION	
Building relationships: My family and friends		
Development Matters	Draw information from a simple map. Explore the natural world around them. Describe what they see, hear and feel whilst outside. Recognise some environments that are different from the one in which they live. Understand that some places are special to members of their community.	
Early Learning Goals	ELG: Understanding the World – People, Culture and Communities Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps. ELG: Understanding the World – The Natural World	

	Know some similarities and differences and what has		nem and contrasting environments, drawing on
Key Vocabulary	Festival Celebration Turn-taking Support special event • religion • culture • beliefs • tradition • kind • polite	gentle	appreciated
Key Skills	 fun Identifying land and water on a map or globe. Recognising features on maps (real or imaginary). Creating real or imaginary maps even if features are indistinguishable. Beginning to use modelled directional vocabulary when describing features in the surrounding environment. Beginning to look at and talk about maps (real or imaginary) in stories, non-fiction books, atlases and on globes. Making observations about the characteristics of places (in stories, photographs or in the school grounds/local area). Making observations about the features of places (in stories, photographs or in the school grounds/local area). Discussing how environments in stories and images are different to the environment they live in. Answering simple questions, guided by the teacher. Expressing their likes and dislikes about a specific place and its features, beginning to explain their reasoning. Ask questions about the world around them. Commenting on the features they see in their school and school grounds on a walk around the respective places, taking supported risks. Representing some of the features they notice in their school and school grounds. 		
Key Knowledge	 A map is a picture of a place. Water is usually represented in blue on a map or globe. Some vocabulary to describe the characteristics of different places, even if used inaccurately (hill, field, building, road, house old). 		f used inaccurately (hill, field, building, road, house,

	 That a place and its features can be represented in a picture. 	
	 Some vocabulary to describe directions, even if used inaccurately (e.g. near, far, next to, close, behind). 	
	 Some vocabulary to describe different bodies of water, even if used inaccurately (sea/ocean, lake, river, pond). 	
Curriculum	Learn new vocabulary. (Lesson 1 & 2 & 4 & 5 & 6)	
Opportunities	 Use new vocabulary throughout the day. (Lesson 1 & 2 & 4 & 5 & 6) 	
	 Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) 	
	 Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) 	
	 Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 3) 	
	 Create collaboratively, sharing resources, ideas and skills. (Lesson 3) 	
	Develop storylines in their pretend play. (Lesson 3)	
	Describe events in some detail. (Lesson 4)	

RECEPTION			
	Managing self: My wellbeing		
Development Matters	Draw information from a simple map. Explore the natural world around them. Describe what they see, hear and feel whilst outside. Recognise some environments that are different from the one in which they live. Understand that some places are special to members of their community.		
Early Learning Goals	ELG: Understanding the World – People, Culture and Communities		
	Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps.		
	ELG: Understanding the World – The Natural World		
	Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class.		

Key Vocabulary		movement	wellbeing
	Exercise	healthy	• routine
	Breathing	• heart	balanced
	Heart-rate	• lungs	• diet
	Health	• brain	• energy
	Relaxation	• bones	• superfood
	Independence	• muscle	• hazard
	Pedestrian	• yoga	crossing
		meditate	• sensible
		• pose	• aware
		• care	
Key Skills	 Identifying land and water o 	n a map or globe.	
•	 Recognising features on map 	os (real or imaginary).	
	 Creating real or imaginary maps even if features are indistinguishable. 		
	 Beginning to use modelled directional vocabulary when describing features in the surrounding environment. 		
	 Beginning to look at and talk about maps (real or imaginary) in stories, non-fiction books, atlases and on globes. 		
	 Making observations about the characteristics of places (in stories, photographs or in the school grounds/local area). 		
	 Making observations about the features of places (in stories, photographs or in the school grounds/local area). 		
	 Discussing how environments in stories and images are different to the environment they live in. 		
	 Answering simple questions, guided by the teacher. 		
	 Expressing their likes and dislikes about a specific place and its features, beginning to explain their reasoning. 		
	 Ask questions about the world around them. 		
	 Commenting on the features they see in their school and school grounds on a walk around the respective places, taking 		
	supported risks.		
	 Representing some of the features they notice in their school and school grounds. 		
	representing some or the re	actives they notice in their sensor and sensor groun	103.
Key Knowledge	A map is a picture of a place		
-	Water is usually represented in blue on a map or globe.		
	 Some vocabulary to describe the characteristics of different places, even if used inaccurately (hill, field, building, road, house, old). 		
	That a place and its features can be represented in a picture.		
	 Some vocabulary to describe directions, even if used inaccurately (e.g. near, far, next to, close, behind). 		
	•	e different bodies of water, even if used inaccurate	· · · · · · · · · · · · · · · · · · ·

 Learn new vocabulary. (Lesson 1 & 2 & 4 & 5 & 6) Use new vocabulary throughout the day. (Lesson 1 & 2 & 4 & 5 & 6) Ask questions to find out more and to check they understand what has been said to them. (Lesson 1 & 2 & 5 & 6) Articulate their thoughts and ideas in well-formed sentences. (Lesson 1 & 2 & 4 & 5 & 6) Return to and build on their previous learning, refining ideas and developing their ability to represent them. (Lesson 2) Develop storylines in their pretend play. (Lesson 3) Describe events in some detail. (Lesson 4) 	
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TOPAZ CLASS				
		CYCLE A/B		
		AUTUMN TERM 1		
	Families and Relationships			
Key Vocabulary	 behaviour care emotions family feelings friend friendly problem stereotype 	 friendship love manners respect 		

Outcome: most pupils	 Understand that families can include a range of people. Understand who their friends are and what people like to do with friends.
will be able to	 Describe what people might look like if they are feeling: angry, scared, upset or worried. Identify ways of responding to this by either offering help or giving them space. Understand the skills needed to work together in a group. Understand that friendships can have problems and learn ways to overcome these problems. Understand how the actions of others can affect people. Explain what a stereotype is. Understand that families offer love and support and that different families may be made up of different people. Consider what friends may be thinking and feeling in different situations. Recognise some issues that may occur in friendships and which of these may need adult help to resolve. Understand that expectations of manners may change according to the situation. Know that remembering people who were important to them but are no longer here can cause a mixture of emotions. Explain what gender stereotypes are in relation to careers.
Key Skills	 Exploring how families are different to each other. Exploring how friendship problems can be overcome. Exploring friendly behaviours. Recognising how other people show their feelings. Identifying ways we can care for others when they are sad. Exploring the ability to successfully work with different people. Understanding ways to show respect for different families. Understanding that families offer love, care and support. Understanding difficulties in friendships and discussing action that can be taken. Learning how other people show their feelings and how to respond to them. Exploring the conventions of manners in different situations. Exploring how loss and change can affect us.
Key Knowledge	 Exploring now loss and change can affect us. To understand that families look after us. To know some words to describe how people are related (e.g. aunty, cousin, etc.) To know that some information about me and my family is personal. To understand some characteristics of a positive friendship. To understand that friendships can have problems but that these can be overcome. To know that it is called stereotyping when people think of things as being 'for boys' or 'for girls' only.

• To know that families can be made up of different people.

- To know that families may be different to my family. To know some problems which might happen in friendships.
- To understand that some problems in friendships might be more serious and need addressing.
- To understand some ways people show their feelings.
- To understand what good manners are.
- To understand some stereotypes related to jobs.
- To know that there are ways we can remember people or events.

Cross Curricular Links

Art and design

'Pupils should be taught:

to use drawing, painting and sculpture to develop and share ideas, experiences and imagination' See National curriculum - Art and design key stages 1 to 2.

English

'Pupils should be taught to:

develop pleasure in reading [...] by: being encouraged to link what they read or hear read to their own experiences develop pleasure in reading [...] by: listening to and discussing a wide range of poems, stories and non-fiction at a level beyond that at which they can read independently

understand [books they read and listen to] by: drawing on what they already know or on background information and vocabulary provided by the teacher

understand [books they read and listen to] by: making inferences on the basis of what is being said and done listen and respond appropriately to adults and their peers

maintain attention and participate actively in collaborative conversations, staying on topic and initiating and responding to comments

use spoken language to develop understanding through speculating, hypothesising, imagining and exploring ideas participate in discussions, presentations, performances, role play, improvisations and debates' participate in discussion about books, poems and other works that are read to them and those that they can read for themselves, taking turns and listening to what others say'

See National curriculum - English key stages 1 to 2.

Design and technology

'Pupils should be taught to:

select from and use a range of tools and equipment to perform practical tasks [for example, cutting, shaping, joining and finishing]' See National curriculum - Design and technology key stages 1 to 2.

Mathematics

'Pupils should be taught to:

interpret and construct simple pictograms, tally charts, block diagrams and simple tables'

See National curriculum - Mathematics key stages 1 to 2.
British values: Mutual respect.

	TOPAZ CLASS
	CYCLE A/B
	AUTUMN TERM 2
	Health and Wellbeing
Key Vocabulary	 allergy emotions feelings germs ill (poorly) qualities relax diet exercise goal growth mindset healthy physical activity relaxation skill strengths
Outcome: most pupils will be able to	 Describe how they feel using appropriate vocabulary, recognising what different emotions might look/feel like. Describe situations which may provoke certain feelings. Describe their own qualities and strengths and recognise something they want to get better at. Describe their bedtime routine, explaining why sleep is important. Explain how rest and relaxation affects our bodies, including mental functions. Identify examples where they could use relaxation to help manage difficult emotions. Understand that germs can be spread via our hands. Know how to wash their hands properly. Know the three things they need to do when out in the sun to keep safe. Know people can be allergic to certain things and how to help with an allergic reaction. Understand that there are a range of people who help to keep us healthy.

	 Use multiple colours in a diagram to show how they can feel more than one emotion at a time. Describe how they would feel in a particular situation and understand that not everyone feels the same. Understand the effect of physical activity on their body and mind. Describe energetic physical activities that they enjoy. Describe the positive effects of relaxation and know there are different ways to relax. Know how to use breathing exercises to relax. Recognise and describe what they are good at and what skills they would like to develop. Create a complete ladder detailing achievable steps which work towards a goal. Explain what a growth mindset is. Use strategies to stay calm during trick challenges. Explain that a healthy diet is when we eat a balance of the right foods, describing some consequences that may arise from poor diet choices. State what ingredients they can see on a dish and compare them with the food pyramid.
	Understand what helps to keep teeth healthy.
Key Skills	 Learning how to wash my hands properly. Learning how to deal with an allergic reaction. Exploring positive sleep habits. Exploring two different methods of relaxation: progressive muscle relaxation and laughter. Exploring health-related jobs and people who help look after our health. Identifying personal strengths and qualities. Identifying different ways to manage feelings. Exploring the effect that food and drink can have on my teeth. Exploring some of the benefits of exercise on body and mind. Exploring some of the benefits of a healthy, balanced diet. Suggesting how to improve an unbalanced meal. Learning breathing exercises to aid relaxation.
	 Exploring strategies to manage different emotions. Developing empathy. Identifying personal goals and how to work towards them Exploring the need for perseverance and developing a growth mindset. Developing an understanding of self-respect.
Key Knowledge	 To understand we can limit the spread of germs by having good hand hygiene. To know the five S's for sun safety: slip, slop, slap, shade, sunglasses. To know that certain foods and other things can cause allergic reactions in some people.

To know that sleep helps my body to repair itself, to grow and restores my energy. To know that strengths are things we are good at. To know that qualities describe what we are like. To know the words to describe some positive and negative emotions. To know that food and drinks with lots of sugar are bad for our teeth. To understand the importance of exercise to stay healthy. To understand the balance of foods we need to keep healthy. To know that breathing techniques can be a useful strategy to relax. To know that we can feel more than one emotion at a time. To know that a growth mindset means being positive about challenges and finding ways to overcome them. **Cross Curricular Links English** 'Pupils should be taught to: use relevant strategies to build their vocabulary understand both the books they can already accurately and fluently and those they listen to by: making inferences on the basis of what is being said and done participate in discussion about what is read to them, taking turns and listening to what others say write sentences by: saying out loud what they are going to write about write sentences by: composing a sentence orally before writing it' See National curriculum - English key stages 1 to 2. Science 'Pupils should be taught to: • find out about and describe the basic needs of animals, including humans, for survival (water, food and air) describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.' See National curriculum - Science key stages 1 to 2. Art and design 'Pupils should be taught: about the work of a range of artists, craft makers and designers, describing the differences and similarities between different practices and disciplines, and making links to their own work' See National curriculum - Art and design key stages 1 to 2.

	TOPAZ CLASS
	CYCLE A/B
	SPRING TERM 1
	Cycle A do not teach lessons 6,7,8,9
	Cycle B do not teach lessons 7,8,9.
	Safety and the Changing Body
Key Vocabulary	 accident drug pedestrian emergency private secret surprise physical contact polite respect role trust
Outcome: most pupils will be able to	 Know a number of adults in school. Know that they should speak to an adult if they are ever worried or feel uncomfortable about another adult. Understand ways to keep safe and not get lost and know the steps to take if they do get lost. Know the number for the emergency services and their own address. Understand that some types of physical contact are never acceptable. Know what can go into or onto the body and when they should check with an adult. Understand that there are hazards in houses and know how to avoid them. Understand and name jobs that people do to help keep us safe. Understand how the internet can be used to help us. Create a poster with clear information about how to remain safe online and what to do if something online makes them feel uncomfortable. Understand what a secret is and what a surprise is.

	 Know the name of parts of the body, including those of the private parts for their gender. Explain the PANTS rule. Understand how to keep safe near roads. Explain the rules for crossing the road. Understand when we should take medicines that can help us feel better when we are unwell. 	
Key Skills	 Practising what to do if I get lost. Identifying hazards that may be found at home. Understanding people's roles within the local community that help keep us safe. Learning what is and is not safe to put in or on our bodies. Practising making an emergency phone call. Discussing the concept of privacy. Exploring ways to stay safe online. Learning how to behave safely near the road and when crossing the road. Exploring what people can do to feel better when they are ill. Learning how to be safe around medicines. 	
Key Knowledge	 To know that some types of physical contact are never appropriate. To know what to do if I get lost. To know that a hazard is something which could cause an accident or injury. To know that some things are unsafe to put onto or into my body and to ask an adult if I am not sure. To know that an emergency is a situation where someone is badly hurt, very ill or a serious accident has happened. To know that emergency services are the police, fire service and the ambulance service. To know the PANTS rule. To know that I should tell an adult if I see something that makes me uncomfortable online. To understand the difference between secrets and surprises. To know the rules for crossing the road safely. To know that medicine can help us when we are ill. To understand that we should only take medicines when a trusted adult says we can. To know the names of parts of my body, including private parts. 	
Cross Curricular Links	Computing 'Pupils should be taught to: use technology purposefully to create, organise, store, manipulate and retrieve digital content recognise common uses of information technology beyond school use technology safely and respectfully, keeping personal information private'	

See National curriculum - Computing key stages 1 to 2. Science 'Pupils should be taught to: • identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense' • describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene' See National curriculum - Science key stages 1 to 2. Art and design 'Pupils should be taught: • to use drawing, painting and sculpture to develop and share their ideas, experiences and imagination' See National curriculum - Art and design key stages 1 to 2. Music 'Pupils should be taught to: • listen with concentration and understanding to a range of high-quality live and recorded music' See National curriculum - Music key stages 1 to 2. **English** 'Pupils should be taught to: • listen and respond appropriately to adults and their peers participate in discussions, presentations, performances, role play, improvisations and debates write sentences by: saying out loud what they are going to write about [and] composing a sentence orally before writing it' See National curriculum - English key stages 1 to 2. British values: Mutual respect, Individual liberty.

TOPAZ CLASS

SPRING TERM 2		
Citizenship		
Key Vocabulary	 care democracy different fair pet responsibility rule similar unique vote 	 election environment identity job opinion school council volunteer
Outcome: most pupils will be able to	 Recognise some similarities Identify some groups which Recognise that different indi Explain why voting is a fair w Recognise that different rule Explain what makes a good s Recognise that everyone in s Identify some jobs that peop Recognise some local job rol 	of a range of pets. of babies and young children. and differences between themselves and others. they belong to. ividuals belong to different groups. vay to make a decision involving a lot of people. es apply in different situations. school environment. school has a responsibility to maintain the school environment. ole do to keep the local area pleasant. les that help the community. fference between people in the local community. uld be respected. icil works.
Key Skills	 Recognising why rules are not Discussing how to meet the sexploring the differences be 	needs of different pets.

Recognising the groups that we belong to.
 Explaining why rules are in place.
Identifying positives and negatives about the school environment. Leaving beginning to the school environment.
Learning how to discuss issues of concern to me. Provide the state of the sta
Recognising the importance of looking after the school environment.
Identifying ways to help look after the school environment.
Recognising the contribution people make to the local community.
To know the rules in school.
To know that different pets have different needs.
 To understand the needs of younger children and that these change over time.
To know that voting is a fair way to make a decision.
To understand that people are all different.
To know some of the different places where rules apply.
 To know that some rules are made to be followed by everyone and are known as 'laws'.
To know some of the jobs people do to look after the environment in school and the local community.
To understand how democracy works in school through the school council.
To understand that everyone has similarities and differences.
Science
'Pupils should be taught to:
 identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals
 notice that animals, including humans, have offspring which grow into adults
 find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
 describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.'
See National curriculum - Science key stages 1 to 2.
British values: Democracy, Rule of Law, Mutual respect, Tolerance of different cultures and religions, Individual liberty.
English
'Pupils should be taught to:
• write sentences by:
 saying out loud what they are going to write about
o composing a sentence orally before writing it
 sequencing sentences to form short narratives
o re-reading what they have written to check that it makes sense

 develop positive attitudes towards and stamina for writing by: writing for different purposes articulate and justify answers, arguments and opinions participate in discussions, presentations, performances, role play, improvisations and debates'

		TOPAZ CLASS	
CYCLE A/B			
		SUMMER TERM 1	
Economic Wellbeing			
Key Vocabulary	 bank cash earn job money notes pocket money safe save skill spend value 	 bank account debit card diversity electronic equality prioritise skill survive transaction wages want withdraw 	

Outcome: most pupils	Explain how children might get money.		
	Explain some different ways to keep money safe.		
will be able to	 Discuss the role of banks and building societies. Recognise that people may make different choices about spending or saving. 		
	 Explain that a range of jobs exist in and out of school and that different skills are needed for jobs. 		
	Explain some ways adults get money.		
	Discuss the role of bank account cards.		
	Recognise wants and needs.		
	Recognise the difference between a want and a need.		
	Identify their skills and talents.		
	Identify ways to develop their skills and talents.		
	Explain why treating people equally and inclusively is important.		
Key Skills	Exploring what money is used for.		
,	Discussing how to keep money safe.		
	Discussing what to do if we find money.		
	Exploring choices people make about money.		
	Developing an understanding of how banks work.		
	Listening to descriptions of professions.		
	Thinking about questions they would like to ask others about their job.		
	Describing what different people do in their jobs.		
	• Explaining adult money sources.		
	Identifying whether something is a want or need.		
	Comparing and contrasting 'wants' and 'needs'.		
	Identifying the main features of bank account cards.		
	Exploring personal skills and talents.		
	Exploring the reasons why people choose certain jobs.		
	Identifying some ways that can make an environment inclusive and fair.		
	Reflecting on the importance of individuality and diversity.		
	•		
Key Knowledge	Why people use money and its role in our lives.		
,	That coins and notes have different values.		
	Some of the ways children may receive money.		
	It is wrong to steal money.		
	 Money is valuable and needs to be taken care of to avoid losing or damaging it. 		

	 Money should be stored in a safe place, such as a piggy bank or a wallet, to keep it secure. They should not show or give money to strangers and should only trust trusted adults with their money. They should be mindful when handling money in public, keeping it hidden and not displaying it openly. They can seek adult assistance, particularly from parents or guardians, when they need help in handling or storing money safely. Banks are places where we can store our money. Some jobs in school. Everyone has different strengths in and out of school. Different jobs need different skills. That some adults earn money by having a job. Some basic needs for survival. What a bank account is. What a bank account card is used for. What a skill or talent is. That different jobs require different skills.
	 The concept of saving money and understanding its benefits for future goals or things they want to buy. The difference between a 'want' and 'need'. Why diversity and inclusion are important in workplaces.
Cross Curricular Links	British values: Democracy, Rule of law, Mutual respect, Tolerance of those with different faiths and beliefs, Individual liberty English: Spoken language Maths: Money

TOPAZ CLASS

	CYCLE A/B
	SUMMER TERM 2
	Also Teach:
	Cycle A also teach lessons 6,7,8,9 from Safety and Changing Body
	Cycle B also teach lessons 7,8,9. From Safety and Changing Body
	Transition
Key Vocabulary	 Strengths Skills Move Grange Feelings
Outcome: most pupils will be able to	 understanding their own skills and strengths and that these can be developed. Understanding that change is part of life and that there are people who can help us deal with this. Understanding that change can cause mixed feelings
Key Skills	 I can explain some of the skills I have developed in Year 1 I can identify positives and challenges of moving to a new class I can explain some positive of change I can explain some challenges which change brings
Key Knowledge	 I understand that everyone has different strengths To understand their own strengths and to prepare for their move to a new class I understand what change is and that it is part of life I know who can help us deal with change
Cross Curricular Links	English: Reading – comprehension Understand both the books that they can already read accurately and fluently and those that they listen to by:

making inferences on the basis of what is being said and done
answering and asking questions

	RUBY CLASS		
		CYCLE A/B	
		AUTUMN TERM 1	
	Fa	milies and Relationships	
Key Vocabulary	 bereavement boundaries bystander permission Unhappy bullying communicate 	 empathy open questions similar solve stereotype sympathy trust 	

Outcome: most pupils	Understand that problems occur in friendships and that violence is never right.		
• •	 Understand what bullying is and what to do if it happens. 		
will be able to	 Describe what a good listener is and know how to show that they are listening. Say who they trust and why. 		
	 Understand that people can have similarities and differences and explain how differences can be a positive thing. Understand how toys can reinforce gender stereotypes. 		
	 Understand that stereotypes arise from a range of factors, including some of those associated with age. Understand that manners vary in different situations. 		
	 Understand boundaries in friendships, including physical boundaries and expectations. Understand that what they do and say affects other people. 		
	 Understand the impact of bullying and the role bystanders can take. 		
	Recognise male and female stereotyped characters.		
	 Understand that stereotypes about disabilities are usually untrue. 		
	 Understand that families are all different and they offer each other support but sometimes they can experience problems. 		
	 Know what bereavement is and how to support someone who has experienced a bereavement. 		
Key Skills	• Learning that problems can occur in families and that there is help available if needed.		
	 Exploring ways to resolve friendship problems. 		
	 Developing an understanding of the impact of bullying and what to do if bullying occurs. 		
	Identifying who I can trust.		
	 Learning about the effects of non-verbal communication. 		
	 Exploring the negative impact of stereotyping. 		
	 Using respectful language to discuss different families. 		
	 Exploring physical and emotional boundaries in friendships. 		
	 Exploring how my actions and behaviour can affect other people. 		
	 Discussing how to help someone who has experienced a bereavement. 		
Key Knowledge	To know that I can talk to trusted adults or services such as Childline if I experience family problems.		
	To know that bullying can be physical or verbal.		
	To know that bullying is repeated, not a one-off event.		
	To know that violence is never the right way to solve a friendship problem.		
	To know that trust is being able to rely on someone and it is an important part of relationships.		
	To know the signs of a good listener.		
	To understand that there are similarities and differences between people.		

To understand some stereotypes related to age. To know that families are varied in the UK and across the world. To understand the different roles related to bullying including the victim, bully and bystander. To understand that everyone has the right to decide what happens to their body. To understand the courtesy and manners which are expected in different scenarios. To understand some stereotypes related to disability. To know that bereavement describes the feeling someone might have after someone dies or following another big change in their lives. **Cross Curricular Links English** 'Pupils should be taught to: listen and respond appropriately to adults and their peers understand what they read, in books they can read independently [...] by: drawing inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence develop positive attitudes to reading [...] by: identifying themes and conventions in a wide range of books retrieve and record information from non-fiction participate in discussions, presentations, performances, role play, improvisations and debates' See National curriculum - English key stages 1 to 2. Computing 'Pupils should be taught to: use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content' See National curriculum - Computing key stages 1 to 2. Art and design 'Pupils should be taught: to use drawing, painting and sculpture to develop and share their ideas, experiences and imagination' See National curriculum - Art key stages 1 to 2. British values: Mutual respect, Individual liberty, Tolerance of different cultures and religions.

	RUBY CLASS
	CYCLE A/B
	AUTUMN TERM 2
	Health and Wellbeing
Key Vocabulary	 fluoride healthy balance mental health barriers negative emotions positive emotions identity relaxation resilience skill visualise
Outcome: most pupils will be able to	 Create a healthy diary, where energetic activities and high-energy food are scheduled for the same day. Work in pairs so that one person can do a stretch while the other draws a stick figure to show the pose. Understand the different aspects of my identity. Identify their own strengths and that they can help other people. Describe how they would break a problem down into small, achievable goals. Understand the benefits of healthy eating and dental health. Identify and share key facts about dental health. Describe a calm place that helps them to feel relaxed. Describe how they feel when they make a mistake and explain what can be learned from making mistakes. Write or describe their strengths and how they could use these in school. Describe what makes them happy, suggesting how they could work towards this as a goal. Explain that there are some things they can control and others they cannot. Understand what mental health is and that sometimes people might need help.

Key Skills	 Learning stretches that can be used for relaxation. Developing the ability to plan for a healthy lifestyle with physical activity, a balanced diet and rest. Exploring my own identity through the groups I belong to. Identifying my strengths and exploring how I use them to help others. Being able to break down a problem into smaller parts to overcome it. Identify and share key facts about dental health. Describe a calm place that helps them to feel relaxed. Describe how they feel when they make a mistake and explain what can be learned from making mistakes. Write or describe their strengths and how they could use these in school.
	 Describe what makes them happy, suggesting how they could work towards this as a goal. Explain that there are some things they can control and others they cannot. Understand the range of emotions we can experience. Understand what mental health is and that sometimes people might need help.
Key Knowledge	 To understand the positive impact relaxation can have on the body. To know the different food groups and how much of each of them we should have to have a balanced diet. To understand the importance of belonging. To understand what being lonely means and that it is not the same as being alone. To understand what a problem or barrier is and that these can be overcome. Identify and share key facts about dental health. Describe a calm place that helps them to feel relaxed. Describe how they feel when they make a mistake and explain what can be learned from making mistakes. Write or describe their strengths and how they could use these in school. Describe what makes them happy, suggesting how they could work towards this as a goal. Explain that there are some things they can control and others they cannot. Understand what mental health is and that sometimes people might need help.
Cross Curricular Links	Physical education 'Pupils should be taught to: develop flexibility, strength, technique, control and balance' See National curriculum - Physical education key stages 1 to 2.
	Science

'Pupils should be taught to: 'identify the different types of teeth in humans and their simple functions'.

'identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat.'

See National curriculum - Science key stages 1 to 2.

Art and design

'Pupils should be taught to:

• improve their mastery of art and design techniques, including drawing, painting and sculpture with a range of materials'. See National curriculum - Art and design key stages 1 to 2.

English

'Pupils should be taught to: participate in discussions, presentations, performances, role play, improvisations and debates develop positive attitudes to reading and understanding of what they read by:

listening to and discussing a wide range of fiction, poetry, plays, non-fiction and reference books or textbooks evaluate and edit by:

assessing the effectiveness of their own and others' writing and suggesting improvements use relevant strategies to build their vocabulary'.

plan their writing by discussing writing similar to that which they are planning to write in order to understand and learn from its structure, vocabulary and grammar'.

See National curriculum - English key stages 1 to 2.

British values: Individual liberty.

RUBY CLASS

CYCLE A/B

SPRING TERM 1

Cycle A and B (Not lessons 7,7,8)

Safety and the Changing Body			
Key Vocabulary	 Age restriction Asthma Breasts Genitals Law Penis Private Protect Puberty Public Testicles/Testes Tobacco 	 Allergic anaphylaxis bullying casualty choice cyberbullying decision distraction fake influence injuries 	
Outcome: most pupils will be able to	 Understand how to help so Write an email with instruction Create a decision tree show Send an email that describe Understand the reasons for Understand how quickly in Assess and give first aid to Understand the difference Understand how search en Understand the changes the Understand that they will of 	at they must consider their own safety before helping others in an emergency situation. In the most own been bitten or stung. In the most own been been bitten or stung. In the most own been been bitten or stung. In the most own been been been been been been been be	
Key Skills	 Understand how to help so Write an email with instruction Create a decision tree show	at they must consider their own safety before helping others in an emergency situation. Omeone who has been bitten or stung. ctions written using positive language. wing how to deal with unkind online behaviour and cyberbullying. es some of the best ways to avoid being tricked by fake emails. elp if I need to.	

	Exploring what to do if an adult makes me feel uncomfortable.		
	 Learning about the benefits and risks of sharing information online. 		
	• Discussing the benefits of being a non-smoker.		
	Discussing some physical and emotional changes during puberty.		
	• Learning how to help someone who is having an asthma attack.		
Key Knowledge	Show an understanding that they must consider their own safety before helping others in an emergency situation.		
,	 Understand how to help someone who has been bitten or stung. 		
	Write an email with instructions written using positive language.		
	Create a decision tree showing how to deal with unkind online behaviour and cyberbullying.		
	 Send an email that describes some of the best ways to avoid being tricked by fake emails. 		
	Discussing how to seek help if I need to.		
	Exploring what to do if an adult makes me feel uncomfortable.		
	 Learning about the benefits and risks of sharing information online. 		
	Discussing the benefits of being a non-smoker.		
	Discussing some physical and emotional changes during puberty.		
	Learning how to help someone who is having an asthma attack.		
Cross Curricular Links	English:		
	'Pupils should be taught to:		
	listen and respond appropriately to adults and their peers		
	ask relevant questions to extend their understanding and knowledge		
	maintain attention and participate actively in collaborative conversations, staying on topic and initiating and responding to comments		
	participate in discussions, presentations, performances, role play, improvisations and debates		
	draft and write by:		
	in narratives, creating settings, characters and plot'		
	Spoken language – articulate and justify answers, arguments and opinions.		
	See National curriculum - English key stages 1 to 2.		
	British values:		
	Rule of Law		
	Mutual respect, Tolerance of those with different faiths and beliefs.		
	Computing: Understand computer networks; use search technologies effectively; use technology safely; respectfully and		
	responsibly; and identify a range of ways to report concerns about content and contact.		

		RUBY CLASS	
		CYCLE A/B	
		SPRING TERM 2	
		Citizenship	
Key Vocabulary	 Authority Cabinet Community Council Council officer Diversity Environment Human rights Local government Protect Reuse United Nations/UN Volunteer 	 Charity Community Consequence Councillor Law Recycling Rights 	
Outcome: most pupils will be able to	 Understand how reusing ite Understand the range of gro Understand how community Understand that diversity su Understand the role of local Explain that children have r 	ghts are and why they are important. ems benefits the environment. oups that exist in the wider community. ty groups can focus on different areas of interest. upports a community to work effectively. al councillors. rights and how these benefit them. s adults have for supporting children's rights.	

	 Discuss the benefits of recycling. Recognise some of the different groups within the local community and how they use local buildings. Explain how charities support the local community. Describe how democracy works locally and how this affects us. Recognise the need for rules and the consequences of breaking rules. 	
Key Skills	 Discussing how we can help to protect human rights. Identifying ways items can be reused. Explaining why reusing items is of benefit to the environment. Identifying the benefits different groups bring to the local community. Discussing the positives diversity brings to a community. Exploring how children's rights help them and other children. Considering the responsibilities that adults and children have to maintain children's rights. Discussing ways, we can make a difference to recycling rates at home/school. 	
Key Knowledge	 Identifying local community groups and discussing how these support the community. To know that human rights are specific rights that apply to all people. To know some of the people who protect our human rights such as police, judges and politicians. To know that reusing items is of benefit to the environment. To understand that councillors have to balance looking after local residents and the needs of the council. To know that there are a number of groups that make up the local community. To understand the UN Convention on the Rights of the Child. To understand how recycling can have a positive impact on the environment. To know that the local council is responsible for looking after the local area. To know that elections are held where adults can vote for local councillors. To understand some of the consequences of breaking rules. To understand the role of charities in the community. 	
Cross Curricular Links	Computing – use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content. British values: Tolerance of those with different faiths and beliefs, Mutual respect, Democracy. English: Spoken Language – participate in discussions, presentations, performances, role play, improvisations and debates.	

		RUBY CLASS
		CYCLE A/B
		SUMMER TERM 1
		Economic Wellbeing
Key Vocabulary	 bank account bank statement career career satisfaction influence password perspective satisfaction security value for money 	 account assumption budget continuum digital trade fair trade feeling profession stereotype
Outcome: most pupils will be able to	 Suggest why specific payme Explain what a budget is and Identify how they would fee Understand the impact our s Understand that a wide rang Know that skills and interest Know that job stereotypes so Identify and justify items the Identify multiple factors that Understand the importance of Identify different ways to ke Identify a range of influence Suggest ways to respond to one 	pending choices can have on others and the environment. e of jobs are available. ts lead people to certain jobs. metimes exist but these should not limit anyone. ey consider good value for money. t influence whether something is good value for money. of tracking spending. eep money safe.

Suggest proactive steps that can be taken to challenge and overcome these stereotypes.		
 Considering the pros and cons of payment methods. Contemplating budgeting benefits. Planning and calculating within a budget. Discussing attitudes and feelings about money. Developing empathy in financial situations. Handling negative financial emotions. Making ethical spending decisions. Assessing the impact of spending choices. 		
 Reflecting on future careers based on goals. Challenging and understanding workplace stereotypes. Ranking factors influencing job choices. Recognising value for money. Understanding differing opinions on spending. Recognising how to track money spent and saved. Understanding reasons for using a bank. Exploring how to safeguard money effectively. Identifying influences on job choices. Understanding careers can change. 		
 Challenging workplace stereotypes. The pros and cons of different payment methods. The reasons for spending money. The benefits of budgeting. The emotional impact of money. The societal and environmental impact of spending choices. The range of jobs and opportunities available. What job stereotypes are. Individual talents should guide career choices. Anyone can aspire to any career Recognising value for money. Understanding differing opinions on spending. Recognising how to track money spent and saved. Understanding reasons for using a bank. Exploring how to safeguard money effectively. 		
_		

	 Understanding careers can change. Challenging workplace stereotypes.
Cross Curricular Links	British values: Democracy, Individual liberty, Mutual respect, Rule of law, Tolerance of those with different faiths and beliefs English: Spoken language Maths: Measurement

		RUBY CLASS
		CYCLE A/B
		SUMMER TERM 2
	Cycle A and B (Als	o Teach lessons 7,7,8 from safety spring 1)
		Transition
Key Vocabulary	GoalAchievementChange	 Opportunity Responsibility Change Cope Strategies
Outcome: most pupils will be able to		vements and how goals can help us to achieve in the future. ge is part of life and that there are strategies that they can use to help them cope with
Key Skills	 I can identify my achiever I can set myself goals I can explain the opportun 	ment this year nities and responsibilities that change might bring
Key Knowledge	I know who I can talk to if I aI understand that there are	am worried about anything different strategies I can use to deal with change

ular Links

		SAPPHIRE CLASS
		CYCLE A/B
		AUTUMN TERM 1
	1	Families and Relationships
Key Vocabulary	 attributes bullying bystander cyberbullying marriage secret wedding 	 authority conflict earn expectation grief grieving resolve respect stereotype
Outcome: most pupils will be able to	develop. Recognise that friendship Understand what marriag Understand that we all hat Understand that sometim Understand why someone Understand that attitudes Understand that stereotyp Understand that everyone	a good friend should have and recognise which of these they have and which they could be have ups and downs and this is normal. The ge is and know that it is a choice people make. The ave a range of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these. The average of attributes that make us who we are and we should be proud of these.

	Understand how stereotypes influence our ideas and opinions.
	 Understand a range of stereotypes and share this information effectively.
	• Create a resolution guide that includes strategies to manage conflicts and describes situations where conflict is likely to
	arise.
	Understand the term grief and describe some of the associated emotions.
Key Skills	Identifying ways families might make children feel unhappy or unsafe.
-	Exploring the impact that bullying might have.
	• Exploring issues that might be encountered in friendships and how these might impact the friendship.
	 Exploring and questioning the assumptions we make about people based on how they look.
	• Exploring our positive attributes and being proud of these (self-respect).
	Identifying ways to resolve conflict through negotiation and compromise.
	 Discussing how and why respect is an important part of relationships.
	 Identifying ways to challenge stereotypes.
	 Exploring the process of grief and understanding that it is different for different people.
Vay Vaaydadaa	To know that marriage is a legal commitment and a choice people can make.
Key Knowledge	 To know that marriage is a regar commitment and a choice people can make. To know that, if I have a problem, I can call ChildLine on 0800 1111.
	 To know what attributes and skills make a good friend.
	 To understand what might lead to someone bullying others.
	 To know what action a bystander can take when they see bullying.
	 To understand that positive attributes are the good qualities that someone has.
	 To know that stereotypes can be unfair, negative and destructive.
	 To know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or
	disability.
	 To know that a conflict is a disagreement or argument and can occur in friendships.
	To understand the concepts of negotiation and compromise.
	To understand what respect is.
	To understand that everyone deserves respect but respect can be lost.
	 To understand that stereotypes can lead to bullying and discrimination.
	To understand that loss and change can cause a range of emotions.
	To know that grief is the process people go through when someone close to them dies.
Cross Curricular Links	English Englis
	'Pupils should be taught to:
	 participate in discussions, presentations, performances, role play, improvisations and debates
	plan their writing by:

- o identifying the audience for and purpose of the writing, selecting the appropriate form and using other similar writing as models for their own
- o noting and developing initial ideas, drawing on reading and research where necessary
- understand what they read [...] by:
 - drawing inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence
- draft and write by:
 - o using further organisational and presentational devices to structure text and to guide the reader
- maintain positive attitudes to reading and understanding of what they read by:
- continuing to read and discuss an increasingly wide range of fiction, poetry, plays, non-fiction and reference books or textbooks'.
 - ask relevant questions to extend their understanding and knowledge'.

See National curriculum - English key stages 1 to 2.

History

'The national curriculum for history aims to ensure that all pupils:

• know and understand the history of these islands as a coherent, chronological narrative, from the earliest times to the present day: how people's lives have shaped this nation and how Britain has influenced and been influenced by the wider world'.

See National curriculum - History key stages 1 to 2.

Art and design

'Pupils should be taught to:

• develop their techniques, including their control and their use of materials, with creativity, experimentation and an increasing awareness of different kinds of art, craft and design'.

See National curriculum - Art and design key stages 1 to 2.

Computing

'Pupils should be taught to:

• use search technologies effectively, appreciate how results are selected and ranked, and be discerning in evaluating digital content'.

See National curriculum - Computing key stages 1 to 2.

British values: Rule of law, Mutual respect, Individual liberty, Tolerance of those with different faiths and beliefs.

		SAPPHIRE CLASS
		CYCLE A/B
		AUTUMN TERM 2
	н	ealth and Wellbeing
Key Vocabulary	 fail goal protect relaxation responsibility steps 	 antibodies growth mindset habit qualities responsibility skill vaccination
Outcome: most pupils will be able to	 Describe how they can get a get a	anage feelings of failure and to help them to persevere. sider how they will achieve them. and suggest two ways of dealing with a difficult situation. g of what calories are and how to use them to help plan healthy meals. and acknowledge that having a variety of food is important for having a balanced and in the sun and some of the risks, now and in the future, if they don't. hey want to develop and create achievable goals. elaxation and suggest different strategies.

	 Describe what resilience is, why it is important and some useful resilience strategies. Understand how vaccination works and why it is important to individuals. Understand that habits can be good or bad for health. Understand that changes in their body could indicate illness and know what to do if they notice them.
Key Skills	 Developing independence for protecting myself in the sun. Understanding the relationship between stress and relaxation. Considering calories and food groups to plan healthy meals. Developing greater responsibility for ensuring good quality sleep. Taking responsibility for my own feelings. Considering ways to prevent illness. Identifying some actions to take if I am worried about my health or my friends' health. Identifying a range of relaxation strategies and situations in which they would be useful. Exploring ways to maintain good habits. Setting achievable goals for a healthy lifestyle. Exploring my personal qualities and how to build on them.
Key Knowledge	 Developing strategies for being resilient in challenging situations. To understand the risks of sun exposure. To know that relaxation stretches can help us to relax and de-stress. To know that calories are the unit that we use to measure the amount of energy certain foods give us. To know that what we do before bed can affect our sleep quality. To understand what can cause stress. To understand that failure is an important part of success. To understand that vaccinations can give us protection against disease. To know that changes in the body could be possible signs of illness. To understand that a number of factors contribute to my physical health (diet, exercise, rest/relaxation, dental health). To know that a habit is a behaviour that we often do without thinking and that we can have good and bad habits. To understand that a number of factors contribute to my mental health (diet, exercise, rest/relaxation). To know the effects technology can have on mental health.
Cross Curricular Links	Physical education 'Pupils should be taught to: develop flexibility, strength, technique, control and balance'. See National curriculum - Physical education key stages 1 to 2.
	English

'Pupils should be taught to:

- participate in discussions, presentations, performances, role play, improvisations and debates
- plan their writing by:
 - o identifying the audience for and purpose of the writing, selecting the appropriate form and using other similar writing as models for their own
- draft and write by:
 - o in narratives, describing settings, characters and atmosphere and integrating dialogue to convey character and advance the action'.

See National curriculum - English key stages 1 to 2.

Mathematics

'Pupils should be taught to:

- solve number problems and practical problems
- add and subtract whole numbers with more than 4 digits, including using formal written methods (columnar addition and subtraction)'.

See National curriculum - Mathematics key stages 1 to 2.

Science

'Pupils should be taught to:

recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function'.

See National curriculum - Science key stages 1 to 2.

Music

'Pupils should be taught to:

• appreciate and understand a wide range of high-quality live and recorded music drawn from different traditions and from great composers and musicians'.

See National curriculum - Music key stages 1 to 2.

Computing

'Pupils should be taught to:

• use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact.'

See National curriculum - Computing key stages 1 to 2.

		SAPPHIRE CLASS	
		CYCLE A/B	
		SPRING TERM 1	
	Cycle A	do not teach lessons 6,6,7,7	
	CYCLE B	do not teach lessons 5,5,6,6,7	
	Safe	ty and the Changing Body	
Key Vocabulary	 Attraction Alcohol Bladder Breasts Cervix Clitoris Conception Cyberbullying Decision Egg or ova Ejaculation Erection Fallopian tube 	 Fertilisation Friend Genitals Influence Internet trolling Labia Menstruation/period Nipples Ovary/ovaries Penis Pregnant Private Puberty 	 Pubic hair Scrotum Sexual Intercourse Sperm Sperm duct Testicles/testes Urethra Uterus Vagina Vaginal opening Voice opening Vulva Wet dream Womb
Outcome: most pupils will be able to	 Identify possible dangers of Accurately name all the rele Understand the changes the List the range of changes the Assess a casualty's condition required. Understand that other peop Understand some of the rea Understand some ways to condition 	share online and what to do before sending a maline, suggesting ways to stay safe, using the wevant parts of the body. It own gender will go through during puberty. It is will go thro	o is bleeding; and seek medical help if right to make our own choices.

	 Understand of changes that take place during puberty. Understand the menstrual cycle and that a male and a female are needed to conceive a baby. Understand that a baby changes in the womb and some of the baby's requirements during the first months of life. Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty. Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.
Key Skills	 Developing an understanding of how to ensure relationships online are safe. Learning to make 'for' and 'against' arguments to help with decision making. Learning about the emotional changes during puberty. Identifying reliable sources of help with puberty. Learning about how to help someone who is bleeding. Developing an understanding about the reliability of online information. Exploring online relationships including dealing with problems. Discussing the reasons why adults may or may not drink alcohol. Discussing problems which might be encountered during puberty and using knowledge to help. Learning how to help someone who is choking. Placing an unresponsive patient into the recovery position.
Key Knowledge	 To know the steps to take before sending a message online (using the THINK mnemonic). To know some of the possible risks online. To know some strategies I can use to overcome pressure from others and make my own decisions. To understand the process of the menstrual cycle. To know the names of the external sexual parts of the body and the internal reproductive organs. To know that puberty happens at different ages for different people. To know how to assess a casualty's condition. To understand that online relationships should be treated in the same way as face to face relationships. To know where to get help with online problems. To understand the risks associated with drinking alcohol. To understand how a baby is conceived and develops. To know how to conduct a primary survey (using DRSABC).
Cross Curricular Links	Computing: select, use and combine a variety of software to design and create a range of programs, systems and content that accomplish given goals. Use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concerns about content and contact. Science: Animals, including humans

British values: Mut	tual respect
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	SAI	PPHIRE CLASS
		CYCLE A/B
	SP	RING TERM 2
		Citizenship
Key Vocabulary	 Defendant Environment Freedom of expression Government House of Commons Human rights Judge Jury Member of Parliament (MP) Parliament Pressure group Prime Minister Trial 	 Authority Conflict Earn Expectation Grief Grieving Protected characteristics Resolve Respect Stereotype
Outcome: most pupils will be able to	 Understand how reducing the use support this. 	omeone breaks the law. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights. In the freedom of expression is one of these rights.

	 Understand the role of pressure groups. Understand the basics of how parliament works including the parts of parliament. Understand that education is a human right and why education is important. Understand some environmental issues relating to food and food production. Understand the importance of caring for others and that we all have a responsibility to care for things and people around us. Understand what prejudice and discrimination are and why and how they should be challenged. Understand the value of diversity in society, including significant individuals. Understand the roles and responsibilities of people in government.
Key Skills	 Explaining why reducing the use of materials is positive for the environment. Discussing how rights and responsibilities link. Exploring the right to a freedom of expression. Identifying the contribution people make to the community and how this is recognised. Developing an understanding of how parliament and Government work. Identifying ways people can bring about change in society. Learning about environmental issues relating to food. Discussing how education and other human rights protect us. Identifying causes that are important to us. Discussing how people can influence what happens in parliament. Discussing ways to challenge prejudice and discrimination. Identifying appropriate ways to share views and ideas with others.
Key Knowledge	 To know what happens when someone breaks the law. To understand the waste hierarchy. To know that parliament is made up of the House of Commons, the House of Lords and the Monarch. To know that parliament is where MPs debate issues, propose laws, amend existing laws and challenge the government's work. To know that a pressure group is a group of people who feel very strongly about an issue and want to see something change. To know that education is an important human right. To know that our food choices can affect the environment. To know that the prime minister appoints 'ministers' who have responsibility for different areas, such as healthcare and education. To know that prejudice is making assumptions about someone based on certain information. To know that discrimination is treating someone differently because of certain factors.

Cross Curricular Links	British values: Rule of law
	British values: Individual liberty
	British values: Democracy
	British values: Mutual respect, Tolerance of those with different faiths and beliefs.

	SAPPHIRE CLASS
	CYCLE A/B
	SUMMER TERM 1
	Economic Wellbeing
Key Vocabulary	 allocate borrow commitment expenses expenditure impact income loan prioritise repayment risk workplace
Outcome: most pupils will be able to	 Prioritise needs over wants. Manage a weekly budget. Understand the responsibilities and consequences of borrowing and loaning. Recognise the risks and considerations associated with spending money online. Explain why workplace stereotyping needs to be challenged.

	 Describe how interests and skills align with future careers. Understand feelings about money and the impact they can have. Explain how to safeguard money in both digital and physical environments. Know the money changes when moving to secondary school. Understand the risks of gambling. Explain how careers function in different settings and what roles and responsibilities come with them. Explore different career routes and their requirements.
Key Skills	 Discussing money risks and management. Making and prioritising budgets. Discussing money's role in career choices. Assessing loan and borrowing responsibilities and suitability. Implementing money-safeguarding strategies. Navigating emotional implications in financial situations. Seeking guidance for financial dilemmas. Integrating factors to inform career decisions. Applying coping strategies for managing financial emotions. Assessing risks in both physical and digital financial environments. Implementing safeguarding measures for money in real-world scenarios. Adapting to financial changes associated with transitioning to secondary school. Practising budgeting and career planning skills. Preparing personally for financial and career changes in secondary school. Identifying different forms of gambling and understanding their risks. Applying responsible gambling attitudes in real-world situations. Recognising various workplace environments and their characteristics. Collaborating and communicating effectively in a simulated workplace setting. Identifying career options in multiple sectors. Evaluating the suitability of different career paths. Aligning career options with personal interests and strengths.
Key Knowledge	 Principles of budgeting and its consequences. Concept of income, expenditure, and informed spending. The responsibilities and consequences of borrowing money. Risks and strategies for safeguarding money. Emotional responses to various money situations. Factors influencing career decisions.

	The impact of education and interests on career paths.		
	The effects and challenges of workplace stereotypes.		
	Identify emotions linked to money.		
	Understand how money affects feelings and behaviour.		
	Learn healthy ways to cope with feelings about money.		
	Identify risks to money safety in both physical and digital environments.		
	Understand methods to safeguard money physically and digitally.		
	Apply understanding to real-world scenarios to take appropriate safeguarding actions.		
	Understand the changes in financial responsibilities when transitioning to secondary school.		
	Learn budgeting and career planning skills.		
	Relate these changes to personal preparation for secondary school.		
	Understand what gambling is and identify its different forms.		
	Recognise the risks and consequences associated with gambling.		
	 Develop responsible attitudes towards gambling and apply this understanding to real-world scenarios. 		
	 Understand different types of workplace environments and their characteristics. 		
	Recognise the importance of teamwork, communication, and career roles within a workplace.		
	 Understand various career routes in multiple sectors and their educational and skill requirements. 		
	Evaluate the pros and cons of different career paths.		
	Relate career options to personal interests and strengths.		
Cross Curricular Links	British values: Democracy, Individual liberty, Mutual respect, Rule of law, Tolerance of those with different faiths and beliefs.		
	English: Spoken language		
	Maths: Measurement		

SAPPHIRE CLASS
CYCLE A/B
SUMMER TERM 2
Transition

CYCLE A Also teach lessons 6,6,7,7 from safety Spring 1 CYCLE B Also teach lessons 5,5,6,6,7 from safety Spring 1				
Key Vocabulary	Skill Responsibility Role achievement	 Change Worry Stress Anxious Opportunity 		
Outcome: most pupils will be able to	 Understanding the roles available for them at school and the skills needed for these. Understanding that changes can bring opportunities as well as worries and ways of dealing with change. 			
Key Skills	 I can explain the skills I have I can explain some ways I ca I can explain some strategies 	·		
Key Knowledge	 To understand the skills needed to take on responsibilities in school To understand that a big change can bring both opportunities and worries 			
Cross Curricular Links				

SAPPHIRE CLASS – Year 6 Only				
CYCLE A/B				
		AUTUMN TERM 2		
		Identity		
Key Vocabulary	ChangeIdentityImages	•		

	ManipulationMedia
Outcome: most pupils will be able to	 Understand the factors which make up identity. Understand that images can be manipulated by the professional media but also by individuals and that they are not realistic.
Key Skills	 Discussing the factors that make our 'identity'. Recognising the difference between how we see ourselves and how others see us. Exploring how the media might influence our identity.
Key Knowledge	 To know that identity is the way we see ourselves and also how other people see us. To know that people may see us differently as to how we see ourselves. To know that images can be manipulated and are not realistic.
Cross Curricular Links	