



“Let your light shine” Matthew 5:16

Governor Policy 70 – PSHE Policy

POLICY AND TERMS OF REFERENCE DATES:

- **Policy and Terms of Reference first agreed November 2017**
- **Review undertaken by RK, SP,GS & AC**
- **Policy Review Period: 5 Years**
- **This revision: September 2021**

Introduction

The Department for Education is introducing compulsory PSHE for primary pupils from September 2020. Through this, we aim to support all young people to be happy, healthy and safe – we want to equip them for adult life and to make a positive contribution to society.

At All Saints, we have committed to teach PSHE alongside age-appropriate sex and relationships education (see separate Sex and Relationship Education Policy) prior to it becoming compulsory.

All Saints PSHE Provision

Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. Our regular reflection on our school vision and values, along with spirituality sessions, allows us to cover many aspects of the PSHE themes.

PSHE deals with real life issues which affect children and young people, their families and their communities, and engages with the social and economic realities of their lives, experiences and attitudes.

In the teaching of PSHE, All Saints staff will nurture hearts and inspire pupils' personal, learning and thinking skills to enable all young pupils to become:

- successful learners who enjoy learning, make progress and achieve
- confident individuals who are able to live safe, healthy and fulfilling lives responsible citizens who make a positive contribution to society

It is not necessary to cover the majority of the PSHE themes discretely. Areas of the curriculum can be addressed in:

- Individual lessons such as 'Hot Seating' in English, money problems in maths, healthy lifestyles in science and living in the wider world in humanities.
- Collective Worship
- Visitor Assemblies / Worship
- Show and Tell sessions
- Reflection times
- Class Reads
- Spirituality sessions

Religious Education lessons also allow plenty of opportunity to explore the core themes of the PSHE curriculum.

Areas to be Covered

Staff have the 'Jigsaw' resource to support their teaching of PSHE. The PSHE curriculum comprises of 3 Core Themes of learning. These are followed in classes and are adapted accordingly:

Theme 1: Health and well-being

Pupils will be taught:

1. what is meant by a healthy lifestyle
2. how to maintain physical, mental and emotional health and wellbeing
3. how to manage risks to physical and emotional health and wellbeing
4. ways of keeping physically and emotionally safe
5. about managing change, including puberty, transition and loss
6. how to make informed choices about health and wellbeing and to recognise sources of help with this
7. how to respond in an emergency
8. to identify different influences on health and wellbeing

Theme 2: Relationships

Pupils will be taught:

1. how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. how to recognise and manage emotions within a range of relationships
3. how to recognise risky or negative relationships including all forms of bullying and abuse
4. how to respond to risky or negative relationships and ask for help
5. how to respect equality and diversity in relationships.

Theme 3: Living in the wider world – Economic well-being and being a responsible citizen

Pupils will be taught:

1. about respect for self and others and the importance of responsible behaviours and actions
2. about rights and responsibilities as members of families, other groups and ultimately as citizens
3. about different groups and communities
4. to respect equality and to be a productive member of a diverse community
5. about the importance of respecting and protecting the environment
6. about where money comes from, keeping it safe and the importance of managing it effectively
7. how money plays an important part in people's lives
8. a basic understanding of enterprise.

Monitoring and Review

The PSHE Subject Leader is responsible for monitoring the coverage of themes across the school. The Subject Leader supports colleagues in the teaching of PSHE by providing them with information about current developments in the subject and providing a lead and direction for the subject in school.