



## All Saints CE VC Primary School

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Dear Parents / Carers,

**The NSPCC's *Speak out. Stay safe.* programme is visited our school today to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.**

I'm pleased to inform you that we are working with the NSPCC, the UK's leading children's charity, who delivered their *Speak out. Stay safe.* programme today. This is a nationwide programme for every primary-school-aged child in the UK. With the help of their friendly mascot Buddy, the NSPCC presented an assembly to the children in our school as well as a workshop for Years 5/6

### **What is the *Speak out. Stay safe.* programme?**

Through the delivery of a child-friendly, interactive assembly and workshop the specially trained staff and volunteers gave our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, in an age appropriate and child centred way.

We have reviewed the content of their established program which is delivered to 8,000 primary schools across the UK each year and we are confident that the messages are informative and appropriate for primary-school-aged children. By the end of their visit, we believe children will feel empowered – knowing how they can speak out and stay safe should they ever have any worries or concerns.

If you would like any more information about the NSPCC *Speak out. Stay safe.* program, you can read all about it on the NSPCC website [nspcc.org.uk/schools](http://nspcc.org.uk/schools) or please contact us at the school and we can arrange for you to hear more about it.

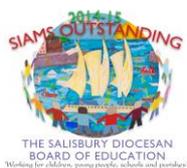
### **Talking about the Underwear Rule with your children**

The NSPCC's work in schools will help encourage conversations about staying safe with your children—The NSPCC have a number of child-friendly age appropriate materials to help you carry on these conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse—in an age appropriate way. The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)

Yours sincerely,

Anne Crumpler

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